

Resilient PARTNERS

Because Resilience builds Performance

An Interactive and Action Centred, 2 – Day Development Course designed to enable Team Managers to confidently and competently build Resilient and High Performance Teams.

The Resilient PARTNERS™ 2-Day Open Course

The Resilient PARTNERS™ 2-Day Open Course is designed by Resilience Practitioner and ICF Coach, Emma Hossack and Team Performance Coach, Allan Mackintosh.

The Course will develop the resilience, capability & confidence of team managers so that they can build and sustain Resilient, High-Performance Teams

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The Resilient PARTNERS™

2-Day Open Course

Day One - Resilient You

- What is Resilience and why does it matter?
- Your personal Resilience Scores
- Are you Thriving or Surviving? A look at what this means for you
- Strategies to Strengthen your Resilience so that you can lead as your best self.

Day Two - Resilient Team

- Create the Resilient Psychologically Safe team.
- Learn Essential, Practical Tools to build and sustain a healthy, High Performing Resilient team
- Improve your Confidence and Capability as a Team Manager in leading your High- Performance Team to success.
- Effectively Lead and Support your Team through Change, Challenges, and Conflict.

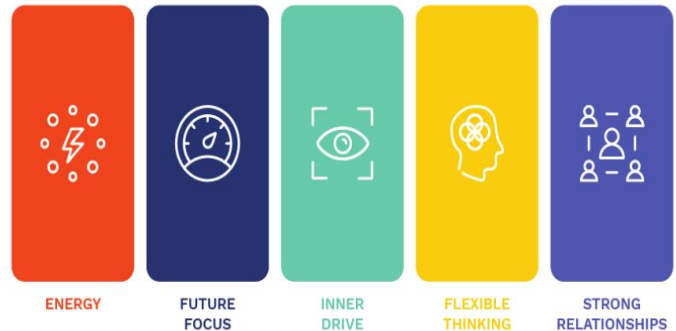
The Resilient PARTNERS™ 2 Day Course



Day One- Resilient You

Emma will work with each course attendee to firstly assess their present levels of resilience (utilising the W.R.A.W Assessment Tool) and then work with them to build their own individual resilience enhancing action plan. Emma will then spend the rest of the day explaining what exactly resilience is, how it impacts on the individual, the team and the organisation and what managers can do to build resilience in both themselves and their team members.

The 5 Pillars of Resilience™

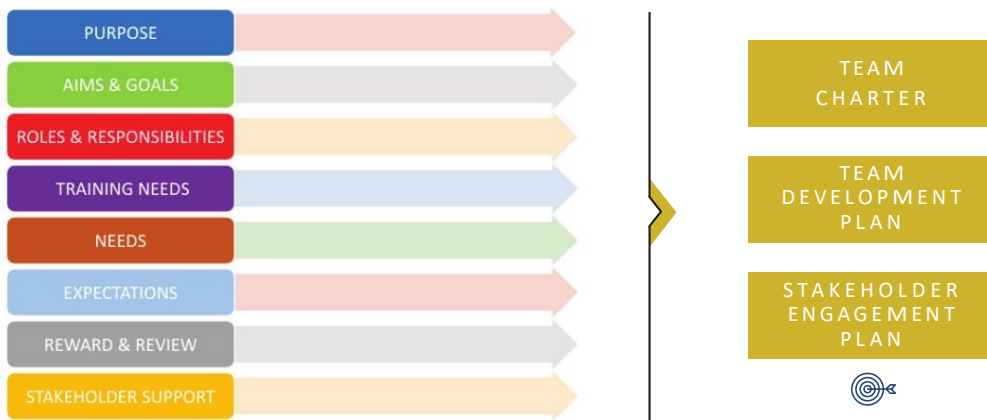


Includes your own personal WRAW Resilience Report

The Resilient PARTNERS™ 2 Day Course

Day 2 – Resilient Team

Allan will facilitate and coach the course delegates through each of the stages of the PARTNERS™ Framework and this will develop their capability and confidence to build and lead high performance resilient teams. Going through this will also result in their ability to build a robust Team Charter, an actionable Team Development Plan as well as a Stakeholder Map and Engagement Plan. Going through the process builds team resilience through focus, clarity, emotional engagement, and the building of trust. All delegates will receive follow up virtual coaching support to enable them to put the PARTNERS™ Framework in place for their teams.



Includes a Self-Assessment of your own Team & a copy of 'Team Champion – Taking Teamwork Seriously'.

Resilient PARTNERS™

Next Open Course.

Tuesday 15th &
Wednesday 16th
November 2022

South / Central UK
Location. Maximum
12 Delegates

£1,499 + VAT per
Delegate

Need more information more about our Resilient PARTNERS™ 2 Day Open Course or In-House Programmes and the investment involved, then contact us directly:

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